

Pleated Face Mask without Filter Pocket

Courtesy of www.deaconess.com



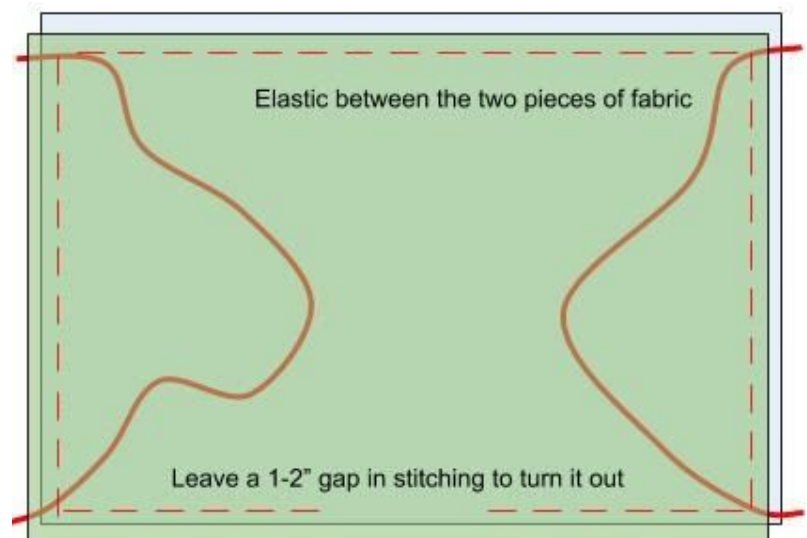
Preparation - Elastic Ear Loops

	Cut Fabric - Original Size	Seam Allowance	Pleats	Finished Mask Size
Adult Large	10"x8"	¼"	Three ½" pleats	9.5" x 4.5"
Adult Medium	9"x7"	¼"	Three ½" pleats	8.5" x 3.5"
Preteen	7.5"x5.5"	¼"	Three ¾" pleats	7" x 2.75"
Child	6.5"x5"	¼"	Two ½" pleats	6" x 2.5"
Toddler	6"x4"	¼"	Two ¾" pleats	5.5" x 2"

1. Cut two (2) rectangular pieces of fabric according to the chart above.
2. Place one (1) piece on top of the second piece, with edges lined up and with right sides of fabric facing each other.
3. Starting at the center of the one (1) of the long edges (i.e., the mask's bottom), sew to the first corner, and stop. Place one (1) end of an elastic piece between the two pieces of fabric with the end out into the corner. Then continue to sew around the corner with the elastic end sandwiched between the fabric pieces. A few stitches forward and back will hold it.

Materials

- Two pieces of 100% tightly woven cotton in different colors or patterns (be sure that any fabric design is placed horizontally)
- Thread and sewing machine
- **For elastic ear loops** - Two 7" (for adult/preteen sizes) or 6" (for toddler and child sizes) pieces of elastic cord, beading cord, t-shirt yarn, ¼" or ⅝" flat elastic
- **For ties** - Four pieces of 16-17" ribbon, t-shirt yarn, or bias tape



4. Sew along the short edge to the next corner (while making sure not to catch the elastic), stop, and bring the other end of the elastic piece to the corner between the fabric pieces. Then continue to sew around the corner with the other end of the elastic sandwiched between the fabric pieces. Sew a few stitches forward and back.
5. Continue to sew across the second long edge (i.e. the masks' top) to the next corner. Again, place one end of the second elastic piece between the two pieces of fabric with the end out into the corner.
6. Sew to the next corner and sew in the other end of that same piece of elastic.
7. Sew across the long bottom edge but leave about 1.5" to 2" open. Stop, backstitch a couple stitches, and cut the thread.
8. Turn the mask right side out. Gently pull out the corners.
9. Pin or iron in two or three pleats as directed in the chart above. Make sure the pleats are the same direction.

(Hint: Once you become accustomed to making pleats, you may want to try this quick method of folding pleats with a seam ripper as you sew. See this [instructional video](#) and this [quick demonstration](#).

10. Sew around the edge of the mask twice.

For Ties: Follow the same instructions, except sew one tie into each corner with the tie's end lined up with the fabric's outside edge and the tie's length going in between the two pieces of fabric.

Pleated Face Mask with Filter Pocket

Adapted from SweetRedPoppy.com



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Preteen	7.5"x5.5"	¼"	Three ¾" pleats	7" x 2.75"
Child	6.5"x5"	¼"	Two ½" pleats	6" x 2.5"
Toddler	6"x4"	¼"	Two ¾" pleats	5.5" x 2"

1. Cut three (3) rectangular pieces of fabric according to the chart above.
2. Place two(2) pieces of fabric right sides together. Pin them together and horizontally mark the center of the rectangle. Sew a straight horizontal line but leave a 2-3" gap in the middle.



3. Grab both top corners of the top fabric piece only and pull them downwards to meet the bottom. Flip mask over; then grab the bottom two corners of the top fabric piece and lift them up to meet the top. Press seams with an iron.



Materials

- 3 pieces of 100% tightly woven cotton in different colors or patterns (be sure that any fabric design is placed horizontally)
- Thread and sewing machine
- **For elastic ear loops** - Two 7" (for adult/preteen sizes) or 6" (for toddler and child sizes) pieces of elastic cord, beading cord, t-shirt yarn, ¼" or ⅝" flat elastic
- **For ties** - Four pieces of 16-17" ribbon, t-shirt yarn, or bias tape

4. Place the last rectangle on top of the lining with the right sides facing each other.
5. Starting at the center of the long bottom edge, sew to the first corner and stop. Place one end of an elastic piece between the fabrics with the end out into the corner. Then continue to sew around the corner with the elastic's end sandwiched between the fabric pieces. A few stitches forward and back will hold it.
6. Sew along the short edge to the next corner (while making sure not to catch the elastic), stop, and bring the other end of the elastic piece to the corner between the fabric pieces. Continue to sew around that corner across the long top edge of the mask. A few stitches forward and back will hold it.
7. Place one end of a second piece of elastic between the fabrics with the end out into the corner. Sew around the corner.
8. Sew along the short edge to the next corner and sew in the other end of that same piece of elastic.
9. Sew across the bottom. You do not need to leave a gap in this one because it can be turned out through the gap for the filter. Stop and cut the thread. Turn the mask right side out.



10. Pin or iron in two (2) or three (3) pleats as directed in the chart above. Make sure the pleats are the same direction.



11. Sew around the edge of the mask twice. You may sew a space to insert a nose wire if desired.



For Ties: Follow the same instructions, except sew one tie into each corner with the edge matched up to the outside edge of the fabric and the length going in between the 2 pieces of fabric.



Pleated Face Mask without Filter Pocket:

Cut 2 pieces

Pleated Face Mask with Filter Pocket:

Cut 3 pieces

Toddler(6" x 4")

Child (6.5" x 5")

Preteen (7.5" x 5.5")

Adult Medium (9" x 7")

Adult Large (10" x 8")